



# GLUTEN FREE MENU

## Starters

### Spinach and Artichoke Dip

Served with carrot and celery sticks...\$10.95

**\*\*Be sure to ask for no bread or chips!\*\***

### Grilled Chicken Tenders

Thin strips served with our honey Dijon sauce or served Buffalo style with blue cheese or ranch dressing...\$12.95

**\*\*Be sure to ask for grilled tenders!\*\***

## Salads

Available Gluten Free Dressings: Ranch, Blue Cheese, Chipotle Avocado Ranch, Honey Dijon, Oil & Vinegar, Caesar, Balsamic, 1000 Island

Extra Dressings: \$.50 each

### Skidoos House Salad

Mixed greens, tomatoes, carrots and croutons.

Small...\$4.95 Large...\$6.95

Add Protein: Chicken +\$5, Salmon +\$6, Shrimp +\$8

**\*\*Be sure to ask for NO croutons!\*\***

### Caesar Salad

Romaine lettuce, parmesan cheese, croutons.

Small...\$4.95 Large...\$6.95

Add Protein: Chicken +\$5, Salmon +\$6, Shrimp +\$8

**\*\*Be sure to ask for NO croutons!\*\***

### Skidoos Chopped Salad

Chopped greens, grilled chicken breast, scallions, tomatoes, avocado, corn, black beans, jack and cheddar cheese served with chipotle avocado ranch dressing...\$15.95

### Opa Opa Greek Salad

Mixed greens topped with grilled marinated chicken breast, feta cheese, kalamata olives, onions, cucumbers, tomatoes, pepperoncini and our own Greek dressing...\$15.95

### Grilled Salmon Salad

Field greens, asparagus, tomatoes, walnuts, dried cranberries tossed with honey dijon dressing ...\$16.95

## Sandwiches

All sandwiches served with side

### Grilled Chicken Sandwich

Grilled chicken breast with avocado, jack cheese, lettuce, tomato and our spicy chipotle ranch sauce ...\$13.95

**\*\*Be sure to ask for gluten free white bread or bun!\*\***

### PJ's Cheese Steak

Thinly sliced beef smothered w/ sautéed onions, mushrooms, lettuce, tomato and topped w/ melted white American cheese. ...\$13.95

**\*\*Be sure to ask for gluten free white bread or bun!\*\***

### Reuben Grill

Thin slices of lean corned beef grilled with sauerkraut, topped with Swiss cheese & 1000 island dressing...\$13.95

**\*\*Be sure to ask for gluten free white bread or bun!\*\***

### Grilled Chicken Souvlaki

Marinated chicken served with lettuce, tomato, onions, feta cheese and tzatziki sauce...\$13.95

**\*\*Be sure to ask for gluten free white bread or bun!\*\***

### Tuna Salad Sandwich

Our homemade tuna salad served with lettuce and tomato...\$13.95

**\*\*Be sure to ask for gluten free white bread or bun!\*\***

## Entrees

All entrees include our garden salad

**\*\*Be sure to ask for no croutons!\*\***

### PJ Skidoos Prime Rib

**Served after 4 pm Friday, Saturday & Sunday**

\*Regular Cut 10 oz. ...\$22.95

\*Skidoos Cut 12 oz...\$24.95 \*Large Cut 16oz...\$29.95

Served with mashed potatoes & gravy and horseradish.

### Rib Eye Steak

\*14 oz served with mashed potatoes & gravy...\$28.95

### London Broil

\*Thin slices of marinated flank steak with mushroom wine sauce served over mashed potatoes...\$20.95

### BBQ Baby Back Ribs

Served with side. Half Rack...\$18.95 Full Rack...\$25.95

### Shrimp Scampi

Shrimp, tomatoes, scallions, garlic in a lemon butter white wine sauce over rice...\$19.95

**\*\*Be sure to ask for it over rice!\*\***

### Chicken Scaloppini

Sautéed chicken breast with lemon butter, mushrooms and capers served over rice in a light cream sauce...\$17.95

**\*\*Be sure to ask for chicken (no flour) and over rice!\*\***

### Garden Pasta

Mushrooms, red and yellow peppers, asparagus, broccoli in a light olive oil, parmesan cheese, garlic sauce over rice...\$14.95

With chicken...\$18.95 With shrimp...\$25.95

**\*\*Be sure to ask for it over rice!\*\***

### Broiled Atlantic Salmon

\*With honey mustard glaze or lemon butter sauce on a bed of spinach with a side of rice ...\$20.95

## Burgers

All burgers served with a side

### Mayor Meyer Cheeseburger

\*With lettuce, tomato, red onion, dill pickles, ketchup & our special sauce with melted cheddar cheese...\$13.95

**\*\*Be sure to ask for gluten free bun!\*\***

### Big Daddy Burger

\*Cajun rubbed with jack cheese, sautéed onions, lettuce, tomato, mayo and grilled jalapeños...\$14.95

**\*\*Be sure to ask for gluten free bun!\*\***

## Sides

Broccoli & Carrot Medley...\$3.95

Rice...\$3.95

Coleslaw...\$3.95

Mashed Potatoes & Gravy...\$3.95

Baked Potato...\$3.95 Loaded Potato...\$4.95

Only while it Lasts! Fri/Sat after 4pm | Sun after 12pm

Asparagus...\$5.95

Sauteed Spinach...\$5.95

## Desserts

### Chocolate Mousse

Homemade topped with whipped cream...\$5.95

Ice Cream ...\$3

*\*Contain (may contain) raw or undercooked ingredients. Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.*